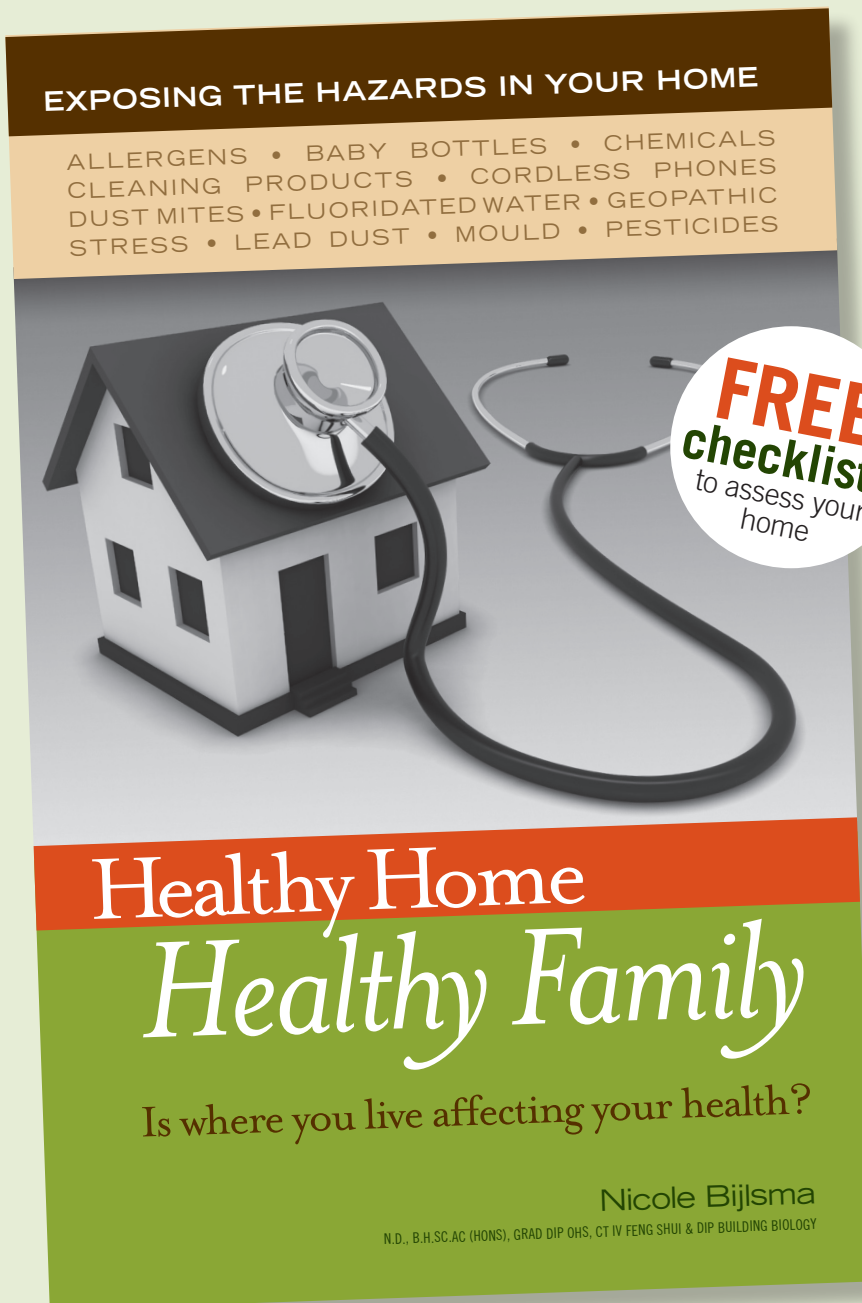


What can be more important than the health of your family?

Learn the simple steps to create a healthy home!



About the book

In the past twenty years childhood allergies and Attention Deficit Hyperactivity Disorder have increased by 400%, one in four children have asthma, the age of puberty has significantly declined, sperm count has halved, breast cancer has more than doubled since the 1960s and IVF is where you go to have children.

Could these conditions be linked to our homes? Building biologists certainly think so!

Healthy Home Healthy Family is a compilation of ten years of research. Within its pages you will discover how your home can affect your family's health and, most importantly, what you can do about it.

About the author



Nicole is a woman of passion, and her passion lies in environmental medicine. She first became involved in environmental causes of disease when she began

to notice the extent to which the home was causing illness in many of her patients.

Nicole is an accomplished naturopath, acupuncturist and building biologist and is the founder of the Australian College of Environmental Studies. Nicole is a popular and reputable speaker about the built environment and the way in which it influences our health. Nicole is available for press and media interviews and can be contacted via email: info@buildingbiology.com.au or 03 9898 3988.

Available at bookstores or online at:
www.buildingbiology.com.au

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