

Short Bio:

Healthy Home Expert, Nicole Bijlsma is a building biologist, bestselling author, PhD candidate and CEO of the Australian College of Environmental Studies (RTO 21740) which she established in 1999 to educate people about the health hazards in the built environment. Nicole has published in peer reviewed journals, has written extensively for Body+Soul newspaper, is regularly consulted by the media to discuss electromagnetic fields and toxic chemicals, and lectures in Australia and internationally at medical conferences about environmental health issues. Nicole and her husband Mark manufacture the Abode® cleaning product range (health food store brand) which was developed for people with skin and chemical sensitivities.

Long Bio:

Healthy Home Expert, Nicole Bijlsma began her career as a naturopath and acupuncturist in 1991, but changed her career path into environmental health following two events in her life: when she experienced ten miscarriages and insomnia after moving into her home which she believes arose from sleeping in a high magnetic field, and secondly, after noticing a strong connection between many of her patient's illnesses and hazards in their home. After relocating to another bedroom in the home, Nicole gave birth to twins and now has three beautiful children. Nicole subsequently established the Building Biology industry in Australia by creating the [Australian College of Environmental Studies](#) (RTO 21740) in 1999, which provides nationally accredited training in Building Biology. Nicole is the bestselling author of *Healthy Home Healthy Family* (now in its third edition) and has written extensively for Body+Soul newspaper, is regularly consulted by the media to discuss electromagnetic fields and toxic chemicals, and lectures at medical conferences, webinars and podcasts about environmental health issues. Nicole and her husband Mark manufacture the [Abode® cleaning product](#) range which was formulated from the ground up for people with skin and chemical sensitivities.

Nicole's PhD is establishing a tool (App) to enable clinicians and the public to assess their environmental chemical exposures. The App will enable citizens to document their environmental, occupational, lifestyle and place history (where they have lived throughout their life and what they have been exposed to) to assess individual's exposure to environmental chemicals and correlate them with health status.