

What can be more important than the health of your family?

In the past 30 years, new cancer diagnoses almost tripled, hospital admissions for life-threatening allergic reactions have increased fourfold, breast cancer has doubled, male sperm count

has halved, the age of puberty is declining, and learning and behavioural disorders in children have skyrocketed. Could these conditions be linked to our homes? YES!

Exposing the hazards in your home.

"Air pollution kills more people in Australia than the road toll, and indoor air quality is up to five times more polluted than outdoor air."

Allergens
Bisphenols and other hormone disrupters
Cell phones
Fluoridated water
Food packaging
Fragrances and perfume
Hair products
House dust mites
Lead dust
Makeup
Mould and biotoxins
Personal care products
Pests
Plastics
Wireless technologies...

"Nicole is a passionate woman on a crucial mission to enlighten a sleeping population to the devastating consequences of our modern life. This is mandatory reading for my patients."

Dr Penny Caldicott, President of Australasian Integrative Medicine Association

"A must read, not only for doctors in environmental medicine, but for every health professional."

Dr Janet Kim

"Based on years of diligent research, this book explains how our homes influence our health and provides simple practical advice on how to create a healthy home"

Professor Marc Cohen

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Healthy Home Healthy Family

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Is where you live, affecting your health?

3rd Edition
BESTSELLER



AN ESSENTIAL GUIDE FOR EVERY HOME